



Community Senior Center

P.O. Box 508 • Richmond VT 05477
 A 501(c) (3) non-profit
rcsc@gmavt.net • www.cscvt.org

PROGRAMS & ACTIVITIES

June 10 - June 16

Notes for this week:

DATE	PROGRAM/ACTIVITY	LOCATION	TIME	PROGRAM LEADER/ INFO CONTACT	NOTES, THINGS TO BRING, FEES
Mon Jun 10	Pickleball Huntington		8:AM-10:AM	Becky/Dave Cozzens Dbc0zzens@yahoo.com	<i>All welcome! Equipment supplied. If indoors donation to help pay for space.</i>
“	Bone Builders-Huntington	Community Church Annex 4910 Main Road	10:AM-11:AM	Paula Kelly ewetopia@hotmail.com	No charge. All Welcome!
“	Bone Builders-Richmond	Congregational Church Fellowship Hall	10:AM-11AM	Melissa/Polly/Peggy Martha3@gmavt.net	Use Richmond Town Center/Library parking lot. No Charge. All welcome.
“	Adult Art Exercise	Radiate Art Richmond Town Center	1:PM-3:PM	Judy Bush judybush@gmail.com	<i>Contact Judy with questions. \$8 per session.</i>
Tues Jun 11	Hiking Jericho Road Trail	Volunteers Green Richmond	9:AM	John Hamerslough John.hamerslough@gmail.com	Meet at Volunteers Green to carpool to Trail Head. Wear appropriate clothing/footwear for weather & hiking. Bring water/snacks. No Charge.
“	Rug Hooking	Holy Rosary Parish Hall Richmond	10:AM-2:PM	Martha Nye Martha3@gmavt.net	Richmond Rug Hooking Group will mentor beginners and experienced. Must have own supplies. \$2 to help pay for facility.
“	Cribbage	Richmond Free Library Mezzanine	1:30PM-3:PM	Rod Wheelock Wheelock53@gmail.com	Richmond Rug Hooking Group will mentor beginners and experienced. Must have own supplies. \$2 to help pay for facility.
“	Yoga for Every-Body	Richmond Free Library Community Room	2:PM-3:15PM	Lynn Clauer lynnclauer@gmail.com	Wear comfortable clothes, bring your mat, etc. \$10 per class drop-in. Contact Lynn with questions.
“	Mah Jong	Richmond Free Library Mezzanine	3:PM-5:PM	Jan Sibal jsibal@gmavt.net	All levels of experience welcome. No Charge.
“	Bridge-Experienced	Richmond Free Library Mezzanine	4:PM-6:PM	Ike Patch issacpatch@gmail.com	Some experience recommended. Contact Ike with questions. No charge.
	Croquet/Cornhole	Browns Court Field	6:PM-8:PM	53shsr@gmail.com	Equipment provided. All welcome. No Charge.
Wed Jun 12	Bone Builders-Huntington	Community Church Annex 4910 Main Road	10:AM-11:AM	Paula Kelly ewetopia@hotmail.com	No charge. All Welcome!
“	Bone Builders-Richmond	Congregational Church Fellowship Hall	10:AM-11AM	Melissa/Polly/Peggy Martha3@gmavt.net	Use Richmond Town Center/Library parking lot. No Charge. All welcome.
“	Pickleball-Richmond	Richmond Elementary School Gym	6:PM-8PM	Ike Patch issacpatch@gmail.com	All levels of experience welcome. No charge. Contact Ike with questions
“	Table Tennis	Town Hall Huntington Center	7PM-9PM	Barrett Grimm barrettbear@comcast.net	No charge. Equipment provided. Questions to Barrett.
Thur Jun 13	Coffee Time!-Richmond	Holy Rosary Parish Hall Richmond	9:AM-11AM	Kathi Manley bkmanley@comcast.net	No Charge. All Seniors welcome! Hot beverages and pastries.
“	Kayaking LaPlatte River	Richmond Volunteers Green	9:AM	Rich/Sue Roberge 53shsr@gmail.com	Must wear PDF. No Charge. Meet at Volunteers Green to carpool. Read Activity Notes for description.
“	State of the World Discussion	Richmond Free Library Mezzanine	10AM-11:30AM	Sandy Baird/Peggy Curtis peggyratcliffecurtis@gmail.com	Continuing discussion series focusing on economic, political and social issues. No charge. All Welcome.



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“	Genealogy	Richmond Free Library Mezzanine	1:PM-3:PM	Martha Nye martha3@gmavt.net	No Charge. Bring your laptop or other portable device.
“	Bridge-Experienced	Richmond Free Library Mezzanine	4:PM-6:PM	Ike Patch issacpatch@gmail.com	Some experience recommended. Contact Ike with questions. No charge.
Fri Jun 14	Pickleball Huntington		8:AM-10:AM	Becky/Dave Cozzens Dbc0zzens@yahoo.com	<i>All welcome! Equipment supplied. If indoors donation to help pay for space.</i>
“	French Conversation	Richmond Town Center Community Room	9:AM-10:30AM	Cathy Plas cathy.plas@gmail.com	All levels of experience welcome. No charge.
“	Bone Fit Fridays	Congregational Church Fellowship Hall – Richmond	10:AM-11:AM	Dawn Decker dawn.decker@hotmail.com	Explore Multi-Joint Weight Training, Bodyweight Strengthening, Muscular Sculpting, Qigong, Yoga, Visualization & Relaxation. Wear loose comfortable clothing. \$8-\$10 donation, per class to Dawn appreciated. All welcome. Equipment provided.
“	Nordic Walking	Volunteers Green-Richmond	11:AM	Martha Nye Martha3@gmavt.net	Sturdy walking or hiking shoes; pair of walking poles. Dress for the weather. No charge.
Sat Jun 15	Table Tennis	Town Hall Huntington Center	8:AM-10:AM	George Lam jangle_vt@yahoo.com	No charge. Equipment provided. Contact George with questions