



Community Senior Center

P.O. Box 508 • Richmond VT 05477
 A 501(c) (3) non-profit
rcsc@gmavt.net • www.cscvt.org

PROGRAMS & ACTIVITIES May 13 - May 19

Notes for this week:

| DATE | PROGRAM/ACTIVITY | LOCATION | TIME | PROGRAM LEADER/ INFO CONTACT | NOTES, THINGS TO BRING, FEES |
|---------------|-----------------------------------|--------------------------------------------------------|---------------------|------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Mon May 13 | Pickleball-Huntington | Town Hall Huntington Center | 8:AM-10:AM | Debbie Worthley deborah.worthley@uvm.edu | All welcome! Equipment supplied. Donation to help pay for space. |
| “ | Bone Builders Huntington | Community Church- Annex 4910 Main Road | 10:AM -11:AM | Debbie Worthley deborah.worthley@uvm.edu | No charge. All Welcome. |
| “ | Bone Builders Richmond | Congregational Church Fellowship Hall - Richmond | 10:AM-11:AM | Melissa/Peggy/Polly martha3@gmavt.net | Use Richmond Town Center/Library parking lot across from Church. No charge. All welcome. |
| “ | Adult Art Exercise | Radiate Art Richmond Town Center | 1:PM-3:PM | Judy Bush judybbush@gmail.com | Contact Judy if have questions. \$8.00 per session. |
| Tue May 14 | Hiking River Trail-Richmond | Volunteers Green- Richmond | 9:AM | John Hamerslough john.hamerslough@gmail.com | Meet at Volunteers to carpool to canoe access on Cochran Road. Wear appropriate clothing and footwear for weather & hiking. Bring water and snacks. No Charge. |
| “ | Rug Hooking | Holy Rosary Parish Hall Richmond | 10:AM-2:PM | Martha Nye martha3@gmavt.net | Richmond Rug Hooking Group will mentor beginners and experienced. Must have own supplies. \$2 to help pay for facility. |
| “ | Knitting & other Needle Crafts | Holy Rosary Parish Hall Richmond | 11:00AM- 12:00PM | Betsy Emerson betsyemerson3@gmail.com | Beginners welcome. Must bring own supplies. No Charge. Questions, contact Betsy. |
| “ | Cribbage | Richmond Free Library Mezzanine | 1:30PM- 3:00PM | Rod Wheelock 53wheelock@gmail.com | No Charge. All welcome. |
| “ | YOGA for EveryBody | Richmond Free Library Community Room | 2:00PM- 3:15PM | Lynn Vida Clauer lynnclauer@gmail.com | Wear comfortable clothes, bring your mat, etc. Six week session \$48 or less depending on number of signups. \$10 per class drop-in. Contact Lynn with questions. |
| “ | Mah Jong-Richmond | Richmond Free Library Mezzanine | 3:PM-5:PM | Jan Sibal jsibal@gmavt.net | All levels of experience welcome. No charge. |
| “ | Bridge-Experienced | Richmond Free Library Mezzanine | 4:PM-5:50PM | Ike Patch isaacpatch@gmail.com | Some experience recommended. Contact Ike with questions. No charge. |
| Wed May 15 | Coffee Time!-Bolton | Bolton Fire Station | 9:30AM-11AM | Carol Devlin assistbolton@gmavt.net | No Charge. All Seniors welcome! Hot beverages and pastries. |
| “ | Bone Builders Huntington | Community Church- Annex 4910 Main Road | 10:AM -11:AM | Debbie Worthley deborah.worthley@uvm.edu | No charge. All Welcome. |



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|---------------|------------------------------------|----------------------------------------------------------------|-------------------|------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Wed May 15 | Bone Builders Richmond | Congregational Church Fellowship Hall - Richmond | 10:AM-11:AM | Melissa/Peggy/Polly martha3@gmavt.net | Use Richmond Town Center/Library parking lot across from Church. No charge. All welcome. |
| “ | Bowling-Spare Time | Spare Time Colchester | 2:PM-4PM | Dave Thomas dthomas@gmavt.net | \$9 total for 3 games and shoes. Meet at Spare Time in Colchester at 2:PM or carpool from Richmond Town Center meeting at 1:30PM. Be sure to register with Dave Thomas for carpooling and attending. |
| “ | Pickleball-Richmond | Richmond Elementary School Gym | 6:PM-8:00PM | Ike Patch isaacpatch@gmail.com | No charge. All Welcome. Equipment supplied. Contact Ike with questions. |
| “ | Cornhole-Richmond | Richmond Elementary School Cafeteria | 6:PM-8:00PM | Martha Nye martha3@gmavt.net | No charge. All Welcome. Equipment supplied. Contact Martha with questions. |
| Thu May 16 | French Conversation | Green Mountain Valley School-Waitsfield | 8:30AM-10AM | Cathy Plas cathy.plas@gmail.com | Breakfast with GMVS French Students. Let Cathy know ASAP if you are interested. |
| “ | Coffee Time!- Richmond | Holy Rosary Parish Hall | 9:AM-11:AM | Kathi Manley bkmanley@comcast.net | No Charge. All Seniors welcome! Hot beverages and pastries. |
| “ | State of the World Discussion | Richmond Free Library Mezzanine | 10:AM- 11:30AM | Sandy Baird/Peggy Curtis peggyratcliffecurtis@gmail.com | Continuing discussion series focusing on economic, political and social issues. No charge. All Welcome. |
| “ | Genealogy | Richmond Free Library Mezzanine | 1:PM-3:PM | Martha Nye martha3@gmavt.net | No Charge. Bring your laptop or other portable device. |
| “ | Cottage Gardens Charlie Nardozi | Richmond Free Library Community Room | 1:PM-2:30PM | Jane Vossler janevossler@gmail.com | No Charge. Public Welcome |
| “ | Memoir Writing | Richmond Free Library Community Room | 3:30PM-5:00P M | Jane Vossler janevossler@gmail.com | Opportunity to capture bits of your journey through life. No Charge. Please let Jane know of your interest. |
| “ | Bridge-Experienced | Richmond Free Library Mezzanine | 4:PM-5:50PM | Ike Patch isaacpatch@gmail.com | Some experience recommended. Contact Ike with questions. No charge. |
| Fri May 17 | Bird Walk | Birds of Vermont Museum 900 Sherman Hollow Rd Huntington | 8:AM | Jane Vossler janevossler@gmail.com | 1 hour birding with Guide Erin Talmage—hot beverages after with opportunity to watch birds at the feeder. \$5 per session. |
| “ | Pickleball-Huntington | Town Hall Huntington Center | 8:AM- 10:AM | Debbie Worthley deborah.worthley@uvm.edu | All welcome! Equipment supplied. Donation to help pay for space. |
| “ | Nordic Walking | Volunteers Green- Richmond | 11:AM | Martha Nye martha3@gmavt.net | Sturdy walking or hiking shoes; pair of walking poles. Dress for the weather. No charge. |