



# Community Senior Center

P.O. Box 508 • Richmond VT 05477  
 A 501(c) (3) non-profit  
[rcsc@gmavt.net](mailto:rcsc@gmavt.net) • [www.cscvt.org](http://www.cscvt.org)

## PROGRAMS & ACTIVITIES April 15 - April 21

### Notes for this week:

DATE	PROGRAM/ACTIVITY	LOCATION	TIME	PROGRAM LEADER/ INFO CONTACT	NOTES, THINGS TO BRING, FEES
Mon Apr 15	Pickleball-Huntington	Town Hall Huntington Center	8:AM-10:AM	Debbie Worthley deborah.worthley@uvm.edu	All welcome! Equipment supplied. Donation to help pay for space.
“	Bone Builders Huntington	Community Church- Annex 4910 Main Road	10:AM -11:AM	Debbie Worthley deborah.worthley@uvm.edu	No charge. All Welcome.
“	Bone Builders Richmond	Congregational Church Fellowship Hall - Richmond	10:AM-11:AM	Melissa/Peggy/Polly martha3@gmavt.net	Use Richmond Town Center/Library parking lot across from Church. No charge. All welcome.
“	Adult Art Exercise	Radiate Art Richmond Town Center	1:PM-3:PM	Judy Bush judybbush@gmail.com	Contact Judy if have questions. \$8.00 per session.
	Pickleball-Bolton	Smilie Elementary School	5:30-7:30PM	Keith Chase kchasebolt@gmavt.net	All levels welcome. Equipment provided. No Charge. Contact Keith with questions
Tue Apr 16	Rug Hooking	Holy Rosary Parish Hall Richmond	10:AM-2:PM	Martha Nye martha3@gmavt.net	Richmond Rug Hooking Group will mentor beginners and experienced. Must have own supplies. \$2 to help pay for facility.
“	Knitting & other Needle Crafts	Richmond Terrace Comm. Rm 220 Thompson Road	11:30AM- 12:30PM	Betsy Emerson betsyemerson3@gmail.com	Beginners welcome. Must bring own supplies. No Charge. Questions, contact Betsy.
“	YOGA for EveryBody	Richmond Free Library Community Room	1:30PM- 2:45PM	Lynn Vida Clauer lynnclauer@gmail.com	Wear comfortable clothes, bring your mat, etc. Six week session \$48 or less depending on number of signups. \$10 per class drop-in. Contact Lynn with questions.
“	Cribbage	Richmond Free Library Mezzanine	1:30PM- 3:00PM	Rod Wheelock 53wheelock@gmail.com	No Charge. All welcome.
“	Mah Jong-Richmond	Richmond Free Library Mezzanine	3:PM-5:PM	Jan Sibal jsibal@gmavt.net	All levels of experience welcome. No charge.
“	Bridge-Experienced	Richmond Free Library Mezzanine	4:PM-5:50PM	Ike Patch isaacpatch@gmail.com	Some experience recommended. Contact Ike with questions. No charge.
“	Reading Plays Aloud	Richmond Free Library Community Room	6:30PM- 8:30PM	Jane Vossler jane.vossler@gmail.com	\$2 to help pay for scripts. Let Jane know if you are going to participate.
Wed Apr 17	Coffee Time!-Bolton	Bolton Fire House	9:30AM-11:AM	Carol Devlin assistbolton@gmavt.net	No Charge. All Seniors welcome! Hot beverages and pastries.



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Wed Apr 17	Bowling-Spare Time	Spare Time Colchester	10:PM-12PM	Dave Thomas dthomas@gmavt.net	\$9 total for 3 games and shoes. Meet at Spare Time in Colchester at 10:AM or carpool from Richmond Town Center meeting at 9:30AM. Be sure to register with Dave Thomas for carpooling and attending.
“	Bone Builders Huntington	Community Church-Annex 4910 Main Road	10:AM -11:AM	Debbie Worthley deborah.worthley@uvm.edu	No charge. All Welcome.
“	Bone Builders Richmond	Congregational Church Fellowship Hall -	10:AM-11:AM	Melissa/Peggy/Polly martha3@gmavt.net	Use Richmond Town Center/Library parking lot across from Church. No charge. All welcome.
“	Spring Awakening Class	Richmond Free Library Community Room	2:PM-3:PM	Dawn Decker dawn.decker@hotmail.com	\$10 to drop-in. Breath work, mindful movement, rhythm, song, dance, laughter, meditation & interaction while celebrating spring Contact Dawn with questions.
“	Pickleball-Richmond	Richmond Elementary School Gym	6:PM-8:00PM	Ike Patch isaacpatch@gmail.com	No charge. All Welcome. Equipment supplied. Contact Ike with questions.
“	Cornhole-Richmond	Richmond Elementary School Cafeteria	6:PM-8:00PM	Martha Nye martha3@gmavt.net	No charge. All Welcome. Equipment supplied. Contact Martha with questions.
Thu Apr 18	Coffee Time!-Richmond	Holy Rosary Parish Hall	9:AM-11:AM	Kathi Manley/Donna Niquette bkmanley@comcast.net rdniquette@gmavt.net	No Charge. All Seniors welcome! Hot beverages and pastries.
“	State of the World Discussion	Richmond Free Library Mezzanine	10:AM-11:30AM	Sandy Baird/Peggy Curtis peggyratcliffecurtis@gmail.com	Continuing discussion series focusing on economic, political and social issues. No charge. All Welcome.
“	Genealogy	Richmond Free Library Mezzanine	1:PM-3:PM	Martha Nye martha3@gmavt.net	No Charge. Bring your laptop or other portable device.
“	Program “Life in a Jar” with Dr. Jack Mayer	Richmond Free Library Community Room	1:30PM-3:00PM	Jane Vossler jane.vossler@gmail.com	No charge. See notes for description
“	Memoir Writing	Richmond Free Library Community Room	3:30PM-5:00PM	Jane Vossler janevossler@gmail.com	Opportunity to capture bits of your journey through life. No Charge. Please let Jane know of your interest.
“	Bridge-Experienced	Richmond Free Library Mezzanine	4:PM-5:50PM	Ike Patch isaacpatch@gmail.com	Some experience recommended. Contact Ike with questions. No charge.
Fri Apr 19	Pickleball-Huntington	Town Hall Huntington Center	8:AM-10:AM	Debbie Worthley deborah.worthley@uvm.edu	All welcome! Equipment supplied. Donation to help pay for space.
“	French Conversation	Richmond Town Center Community Room	9:AM:-10:30AM	Cathy Plas cathy.plas@gmail.com	All levels of experience welcome. No charge.
“	Nordic Walking	Volunteers Green-Richmond	11:AM	Martha Nye martha3@gmavt.net	Sturdy walking or hiking shoes; pair of walking poles. Dress for the weather. No charge.



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April 15 - April 21

Fri Apr 19	Vibrational Sound Meditation	Richmond Free Library Community Room	2:PM-3:15PM	Tim Fox <a href="mailto:tim@heartstringswellness.com">tim@heartstringswellness.com</a>	Comfortable clothing. Bring own yoga mat & pillow. \$48 for six week series or \$10 per class. Questions, contact Tim.
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